

BUFFÉT-MENY HILL

MANDAG/ MONDAY

KÖTT/ Meat

- **Svin indrefilet/ Pork tenderloin,**
båtpoteter, stekt brokkoli, Rødvinsaus, pepparsaus, soppsaus, bearnaise
/ potato wedges, fried broccoli, Red wine sauce, pepper sauce, mushroom sauce, bearnaise sauce

FISK/ Fish

- **Laks/ Salomon**
rognsaus, kokt mandelpotet, vårløk
/ roe sauce, boiled almond potato, spring onion
- **Nudelsalat/ Noodle salad**
blomkål, gulrot, brokkoli, sesamfrø, koriander, chili, soyasaus, chilisau
/ cauliflower, carrot, broccoli, sesame seeds, cilantro, chili, soya sauce, chili sauce

VEGAN

- **Vegansk Linsgryta/ Vegan lentil stew**
ris/ rice

BARN Meny/ Kids Menu

- **Kylling Nuggets/ Chicken nuggets**
ris, majones/ rice, mayonaise

OSTFAT/ Cheese platter

- Dovre Norsk Brie** 2kg
- Comte AOP** 3.5kg
- Arnaud Morbier AOP** 3.5kg
- Fikenmarmelade/ Figs marmelade**
- Aprikosmarmelade/ Apricot marmelade**
- Druer/ Grapes**
- Ritz kjeks/ Ritz cracker**
- Salina kjeks/ Salina cracker**
- Salti kjeks (glutenfri)/ Salti cracker (glutenfree)**

BRØDSTATION/ Breadstation

- **Surdeigsbrød/ Sourdough bread**
- **Glutenfri brød/ Gluten free bread**
- **Knekkebrød/ Crisp bread**
- **Hummus**
- **Tapenade**
- **Olivenolje/ Olive oil**
- **Smør/ Butter**

SALAD/ Salad

- **Caesarsalat/ Caesar salad**
Grillet kylling, krutonger, Parmesan, Caesardressing, Romanosalat
/ Grilled chicken, croutons, Parmesan, Caesar dressing, Romano salad
- **Mixsalat/ Mixed salad**
Paprika, agurk, tomat, mais, salat, Thousand Island dressing, vinigrette
/ Bell pepper, cucumber, tomato, corn, salad, Thousand Island dressing, vinaigrette
- **Beetroot salad/ Beter salad**
Beter, chevre, ruculla, honning
/ Beetroot, chevre, rocket salad, honey
- **Brokkoli salat/ Broccoli salad**
Ovnsbakt brokkoli, bacon, rødløk, rosiner, solsikkekjerner, majones, sitron
/ Oven baked broccoli, bacon, red onion, raisin, sunflower seeds, mayonnaise, lemon
- **Aspargesalat/ Green bean salad**
Aspargesbønner, søtmandel, valnøtter, ruculla, sikorisalat, honningsvinigrette
/ Green beans, almonds, walnuts, rocket salad, chicory salad, honey vinaigrette

BARN Meny/ Kids Menu

- **Carbonara**
plain pasta, tomat saus
/ plain pasta, tomato sauce

DESSERT

- **Bløtkake/ Sponge cake**
- **Princesskake/ Princess cake**
- **Cheesecake**
- **Blåbær smuldrepai,** vaniljesaus
Blueberry crumble pai, vanilla sauce
- **Sjokolademousse/ Chocolate mousse**
- **Sjokoladetrøffel/ Chocolate truffle**
- **Kladdkake/ Swedish sticky chocolate cake**
pisket krem/ whipped cream
- **Smågodt/ Candy**

HILL

BREAKFAST & BUFFET

BUFFÉT-MENY HILL

TIRSDAG/ TUESDAY

KÖTT/ Meat

- **Storfe mørbrad/ Beef top sirloin**
fløtegratinertpotet, stekt rosenkål, Rødvinsaus, pepparsaus, soppsaus, bearnaise
/ potato gratin, fried brusselsprouts, Red wine sauce, pepper sauce, mushroom sauce, bearnaise sauce

FISK/ Fish

- **Sei/ Pollock**
hvitvinsaus, kokt mandelpotet, gressløk
/ roe sauce, boiled almond potato, spring onion

SALAD/ Salad

- **Gresk salat/ Greek salad**
agurk, oliven, fetaost, tomat, rødløk, paprika, oregano, olivenolje, Tzatziki
/ cucumber, olives, feta cheese, tomato, red onion, bell pepper, oregano, olive oil, Tzatziki

VEGAN

- **Vegansk Lasagne/ Vegan lasanga**

BARN Meny/ Kids Menu

- **Pizza buffet**
Margerita, Pepperoni

OSTFAT/ Cheese platter

- Dovre Norsk Brie** 2kg
- Comte AOP** 3.5kg
- Arnaud Morbier AOP** 3.5kg
- Fikenmarmelade/ Figs marmelade**
- Aprikosmarmelade/ Apricot marmelade**
- Druer/ Grapes**
- Ritz kjeks/ Ritz cracker**
- Salina kjeks/ Salina cracker**
- Salti kjeks (glutenfri)/ Salti cracker (glutenfree)**

BRØDSTATION/ Breadstation

- **Surdeigsbrød/ Sourdough bread**
- **Glutenfri brød/ Gluten free bread**
- **Knekkebrød/ Crisp bread**
- **Hummus**
- **Tapenade**
- **Olivenolje/ Olive oil**
- **Smør/ Butter**

SALAD/ Salad

- **Caesarsalat/ Caesar salad**
Grillet kylling, krutonger, Parmesan, Caesardressing, Romanosalat
/ Grilled chicken, croutons, Parmesan, Caesar dressing, Romano salad
- **Mixsalat/ Mixed salad**
Paprika, agurk, tomat, mais, salat, Thousand Island dressing, vinigrette
/ Bell pepper, cucumber, tomato, corn, salad, Thousand Island dressing, vinaigrette
- **Beetroot salad/ Beter salad**
Beter, chevre, ruccula, honning
/ Beetroot, chevre, rocket salad, honey
- **Brokkoli salat/ Broccoli salad**
Ovnstekt brokkoli, bacon, rødløk, rosiner, solsikkekjerner, majones, sitron
/ Oven baked broccoli, bacon, red onion, raisin, sunflower seeds, mayonnaise, lemon
- **Aspargesalat/ Green bean salad**
Aspargesbønner, søtmandel, valnøtter, ruccula, sikorisalat, honningsvinigrette
/ Green beans, almonds, walnuts, rocket salad, chicory salad, honey vinaigrette

BARN Meny/ Kids Menu

- **Carbonara**
plain pasta, tomat saus
/ plain pasta, tomato sauce

DESSERT

- **Bløtkake/ Sponge cake**
- **Princesskake/ Princess cake**
- **Cheesecake**
- **Blåbær smuldrepai, vaniljesaus**
Blueberry crumble pai, vanilla sauce
- **Sjokolademousse/ Chocolate mousse**
- **Sjokoladetrøffel/ Chocolate truffle**
- **Kladdkake/ Swedish sticky chocolate cake**
pisket krem/ whipped cream
- **Smågodt/ Candy**

HILL

BREAKFAST & BUFFET

BUFFÉT-MENY HILL

ONSDAG/ WEDNESDAY

KÖTT/ Meat

- **Kalkon/ Turkey**

ørt potet, karamelliserte gulrøtter, Rødvinsaus, pepparsaus,
soppsaus, bearnaise
/ herb potatoes, caramelized carrot, Red wine sauce, pepper sauce,
mushroom sauce, bearnaise sauce

FISK/ Fish

- **Fish & Chips**

båtpoteter, remoulade, sitron
/ potato wedges, remoulade, lemon

SALAD/ Salad

- **Caprese slat/ Caprese salad**

tomat, mozzarella, basilikum, olivenolje, balsamico
/ Caprese salad, tomato, mozzarella, basil, olive oil,
balsamic vinegar

VEGAN

- **Sellerieburger/ Celery patties**

lun eplesalad, grønn currysous
/ warm apple salad, green curry sauce

BARN Meny/ Kids Menu

- **Fish & Chips**

båtpoteter, remoulade, sitron
/ potato wedges, remoulade, lemon

OSTFAT/ Cheese platter

Dovre Norsk Brie 2kg

Comte AOP 3.5kg

Arnaud Morbier AOP 3.5kg

Fikenmarmelade/ Figs marmelade

Aprikosmarmelade/ Apricot marmelade

Druer/ Grapes

Ritz kjeks/ Ritz cracker

Salina kjeks/ Salina cracker

Salti kjeks (glutenfri)/ Salti cracker (glutenfree)

BRØDSTATION/ Breadstation

- **Surdeigsbrød/ Sourdough bread**
- **Glutenfri brød/ Gluten free bread**
- **Knekkebrød/ Crisp bread**
- **Hummus**
- **Tapenade**
- **Olivenolje/ Olive oil**
- **Smør/ Butter**

SALAD/ Salad

- **Caesarsalat/ Caesar salad**

Grillet kylling, krutonger, Parmesan, Caesardressing,
Romanosalat
/ Grilled chicken, croutons, Parmesan, Caesar dressing,
Romano salad

- **Mixsalat/ Mixed salad**

Paprika, agurk, tomat, mais, salat,
Thousand Island dressing, vinigrette
/ Bell pepper, cucumber, tomato, corn, salad,
Thousand Island dressing, vinaigrette

- **Beetroot salad/ Beter salad**

Beter, chevre, rucola, honning
/ Beetroot, chevre, rocket salad, honey

- **Brokkoli salat/ Broccoli salad**

Ovnsbakt brokkoli, bacon, rødløk, rosiner, solsikkekjerner,
majones, sitron
/ Oven baked broccoli, bacon, red onion, raisin, sunflower seeds,
mayonnaise, lemon

- **Aspargesalat/ Green bean salad**

Aspargesbønner, søtmandel, valnøtter, rucola,
sikorisalat, honningsvinigrette
/ Green beans, almonds, walnuts, rocket salad,
chicory salad, honey vinaigrette

BARN Meny/ Kids Menu

- **Carbonara**

plain pasta, tomatous
/ plain pasta, tomato sauce

DESSERT

- **Bløtkake/ Sponge cake**

- **Princesskake/ Princess cake**

- **Cheesecake**

- **Blåbær smuldrepai, vaniljesaus**

Blueberry crumble pai, vanilla sauce

- **Sjokolademousse/ Chocolate mousse**

- **Sjokoladetrøffel/ Chocolate truffle**

- **Kladdkake/ Swedish sticky chocolate cake**

pisket krem/ whipped cream

- **Smågodt/ Candy**

HILL

BREAKFAST & BUFFET

BUFFÉT-MENY HILL

TORS DAG/ THURSDAY

KÖTT/ Meat

- **Svinenakke/ Pork neck**

løtegratinert potet, ovnsbakt blomkål, Rødvinsaus, pepparsaus, soppsaus, bearnaise

/ potato gratin, oven baked cauliflower, Red wine sauce, pepper sauce, mushroom sauce, bearnaise sauce

FISK/ Fish

- **Laks & Salomon**

potetpure, Sandefjordsmør, aspargesbønner

/ mashed potatoes, Sandefjord sauce, green beans

SALAD/ Salad

- **Couscous salat/ Couscous salad**

cherry tomat, rosiner, basilikum, agurk, sitron, olivenolje, rødløk, solsikkerkjerter

/ cherry tomato, raisins, basil, cucumber, lemon, olive oil, red onion, sunflower seeds

VEGAN

- **Kikertcurry/ Chickpea curry**

ris/ rice

BARN Meny/ Kids Menu

- **Burger buffet**

båtpoteter, salat, tomat, cheddar, dressing

/ potato wedges, salad, tomato, cheddar, dressing

OSTFAT/ Cheese platter

Dovre Norsk Brie 2kg

Comte AOP 3.5kg

Arnaud Morbier AOP 3.5kg

Fikenmarmelade/ Figs marmelade

Aprikosmarmelade/ Apricot marmelade

Druer/ Grapes

Ritz kjeks/ Ritz cracker

Salina kjeks/ Salina cracker

Salti kjeks (glutenfri)/ Salti cracker (glutenfree)

BRØDSTATION/ Breadstation

- **Surdeigsbrød/ Sourdough bread**

- **Glutenfri brød/ Gluten free bread**

- **Knekkebrød/ Crisp bread**

- **Hummus**

- **Tapenade**

- **Olivenolje/ Olive oil**

- **Smør/ Butter**

SALAD/ Salad

- **Caesarsalat/ Caesar salad**

Grillet kylling, krutonger, Parmesan, Caesardressing, Romanosalat

/ Grilled chicken, croutons, Parmesan, Caesar dressing, Romano salad

- **Mixsalat/ Mixed salad**

Paprika, agurk, tomat, mais, salat,

Thousand Island dressing, vinigrette

/ Bell pepper, cucumber, tomato, corn, salad,

Thousand Island dressing, vinaigrette

- **Beetroot salat/ Beter salad**

Beter, chevre, rucola, honning

/ Beetroot, chevre, rocket salad, honey

- **Brokkoli salat/ Broccoli salad**

Ovnsbakt brokkoli, bacon, rødløk, rosiner, solsikkerkjerter, majones, sitron

/ Oven baked broccoli, bacon, red onion, raisin, sunflower seeds, mayonnaise, lemon

- **Aspargesalat/ Green bean salad**

Aspargesbønner, søtmandel, valnøtter, rucola, sikorisalat, honningsvinigrette

/ Green beans, almonds, walnuts, rocket salad,

chicory salad, honey vinaigrette

BARN Meny/ Kids Menu

- **Carbonara**

plain pasta, tomat saus

/ plain pasta, tomato sauce

DESSERT

- **Bløtkake/ Sponge cake**

- **Princesskake/ Princess cake**

- **Cheesecake**

- **Blåbær smuldrepai, vaniljesaus**

Blueberry crumble pai, vanilla sauce

- **Sjokolademousse/ Chocolate mousse**

- **Sjokoladetrøffel/ Chocolate truffle**

- **Kladdkake/ Swedish sticky chocolate cake**

pisket krem/ whipped cream

- **Smågodt/ Candy**

HILL

BREAKFAST & BUFFET

BUFFÉT-MENY HILL

FREDAG/ FRIDAY

KÖTT/ Meat

- **2x Spareribs (BBQ og Koreansk stil)**
/ 2x Spareribs BBQ and Korean style
båtpoteter, coleslaw, Rødvinsaus, pepparsaus,
soppsaus, bearnaise
*/ potato wedges, coleslaw, Red wine sauce, pepper sauce,
mushroom sauce, bearnaise sauce*

FISK/ Fish

- **Sei & Pollock**
kokt mandelpotet, hvitvinsaus m/ ørter, brokkolini
/ boiled almond potato, herb white wine sauce, broccolini

SALAD/ Salad

- **Nudelsalat/ Noodle salad**
blomkål, gulrot, brokkoli, sesamfrø, koriander, chili,
soyasaus, chilisau
*/ cauliflower, carrot, broccoli, sesame seeds, cilantro, chili,
soya sauce, chili sauce*

VEGAN

- **Sprø chilitofu/ Crispy chilitofu**
wok grønnsaker/ wok vegetables

BARN Meny/ Kids Menu

- **Taco kjøttdeig/ Taco minced meat**
tortilla, agurk, tomat, rødløk, mais, rømme, salsa, revet ost
*/ tortilla, cucumber, tomato, red onion, corn, sour cream,
grated cheese*

OSTFAT/ Cheese platter

- Dovre Norsk Brie 2kg**
- Comte AOP 3.5kg**
- Arnaud Morbier AOP 3.5kg**
- Fikenmarmelade/ Figs marmelade**
- Aprikosmarmelade/ Apricot marmelade**
- Druer/ Grapes**
- Ritz kjeks/ Ritz cracker**
- Salina kjeks/ Salina cracker**
- Salti kjeks (glutenfri)/ Salti cracker (glutenfree)**

BRØDSTATION/ Breadstation

- **Surdeigsbrød/ Sourdough bread**
- **Glutenfri brød/ Gluten free bread**
- **Knekkebrød/ Crisp bread**
- **Hummus**
- **Tapenade**
- **Olivenolje/ Olive oil**
- **Smør/ Butter**

SALAD/ Salad

- **Caesarsalat/ Caesar salad**
Grillet kylling, krutonger, Parmesan, Caesardressing,
Romanosalat
*/ Grilled chicken, croutons, Parmesan, Caesar dressing,
Romano salad*
- **Mixsalat/ Mixed salad**
Paprika, agurk, tomat, mais, salat,
Thousand Island dressing, vinigrette
*/ Bell pepper, cucumber, tomato, corn, salad,
Thousand Island dressing, vinaigrette*
- **Beetroot salad/ Beter salad**
Beter, chevre, rucola, honning
/ Beetroot, chevre, rocket salad, honey
- **Brokkoli salat/ Broccoli salad**
Ovnsbakt brokkoli, bacon, rødløk, rosiner, solsikkekjerner,
majones, sitron
*/ Oven baked broccoli, bacon, red onion, raisin, sunflower seeds,
mayonnaise, lemon*
- **Aspargesalat/ Green bean salad**
Aspargesbønner, søtmandel, valnøtter, rucola,
sikorisalat, honningsvinigrette
*/ Green beans, almonds, walnuts, rocket salad,
chicory salad, honey vinaigrette*

BARN Meny/ Kids Menu

- **Carbonara**
plain pasta, tomat saus
/ plain pasta, tomato sauce

DESSERT

- **Bløtkake/ Sponge cake**
- **Princesskake/ Princess cake**
- **Cheesecake**
- **Blåbær smuldrepai, vaniljesaus**
Blueberry crumble pai, vanilla sauce
- **Sjokolademousse/ Chocolate mousse**
- **Sjokoladetrøffel/ Chocolate truffle**
- **Kladdkake/ Swedish sticky chocolate cake**
pisket krem/ whipped cream
- **Smågodt/ Candy**

HILL

BREAKFAST & BUFFET

BUFFÉT-MENY HILL

LØRDAG/ SATURDAY

KÖTT/ Meat

- **Oksekjake/ Beef cheeks**

fløtegratinertpotet, asparges, Rødvinsaus, pepparsaus,
soppsaus, bearnaise
*/ potato gratin, asparagus, Red wine sauce, pepper sauce,
mushroom sauce, bearnaise sauce*

FISK/ Fish

- **Laks & Salomon**

ris, soyamajones, rosenkål
/ soya mayonaise, brussel sprouts

SALAD/ Salad

- **Gresk salat/ Greek salad**

agurk, oliven, fetaost, tomat, rødløk, paprika, oregano,
olivenolje, Tzatziki
*/ cucumber, olives, feta cheese, tomato, red onion, bell pepper,
oregano, olive oil, Tzatziki*

VEGAN

- **Vegansk Moussaka/ Vegan Moussaka**

BARN Meny/ Kids Menu

- **Kjøttboller/ Meatballs**

kokt mandelpotet, fløtesaus, tyttebær
/ boiled almond potato, cream sauce, lingonberries

OSTFAT/ Cheese platter

Dovre Norsk Brie 2kg

Comte AOP 3.5kg

Arnaud Morbier AOP 3.5kg

Fikenmarmelade/ Figs marmelade

Aprikosmarmelade/ Apricot marmelade

Druer/ Grapes

Ritz kjeks/ Ritz cracker

Salina kjeks/ Salina cracker

Salti kjeks (glutenfri)/ Salti cracker (glutenfree)

BRØDSTATION/ Breadstation

- **Surdeigsbrød/ Sourdough bread**
- **Glutenfri brød/ Gluten free bread**
- **Knekkebrød/ Crisp bread**
- **Hummus**
- **Tapenade**
- **Olivenolje/ Olive oil**
- **Smør/ Butter**

SALAD/ Salad

- **Caesarsalat/ Caesar salad**

Grillet kylling, krutonger, Parmesan, Caesardressing,
Romanosalat
*/ Grilled chicken, croutons, Parmesan, Caesar dressing,
Romano salad*

- **Mixsalat/ Mixed salad**

Paprika, agurk, tomat, mais, salat,
Thousand Island dressing, vinigrette
*/ Bell pepper, cucumber, tomato, corn, salad,
Thousand Island dressing, vinaigrette*

- **Beetroot salad/ Beter salad**

Beter, chevre, rucola, honning
/ Beetroot, chevre, rocket salad, honey

- **Brokkoli salat/ Broccoli salad**

Ovnstekt brokkoli, bacon, rødløk, rosiner, solsikkekjerner,
majones, sitron
*/ Oven baked broccoli, bacon, red onion, raisin, sunflower seeds,
mayonnaise, lemon*

- **Aspargesalat/ Green bean salad**

Aspargesbønner, søtmandel, valnøtter, rucola,
sikorisalat, honningsvinigrette
*/ Green beans, almonds, walnuts, rocket salad,
chicory salad, honey vinaigrette*

BARN Meny/ Kids Menu

- **Carbonara**

plain pasta, tomat saus
/ plain pasta, tomato sauce

DESSERT

- **Bløtkake/ Sponge cake**

- **Princesskake/ Princess cake**

- **Cheesecake**

- **Blåbær smuldrepai, vaniljesaus**

Blueberry crumble pai, vanilla sauce

- **Sjokolademousse/ Chocolate mousse**

- **Sjokoladetrøffel/ Chocolate truffle**

- **Kladdkake/ Swedish sticky chocolate cake**

pisket krem/ whipped cream

- **Smågodt/ Candy**

HILL

BREAKFAST & BUFFET

BUFFÉT-MENY HILL

SØNDAG/ SUNDAY

KÖTT/ Meat

- **Kalv culotte/ Veal culotte**

ørt potet, langtidsbakt tomat, Rødvinsaus, pepparsaus, s oppsaus, bearnaise

/ herb potatoes, oven baked tomato, Red wine sauce, pepper sauce, mushroom sauce, bearnaise sauce

FISK/ Fish

- **Sei & Pollock**

potetpure, ørt saus, aspargesbønner

/ herb sauce, green beans

SALAD/ Salad

- **Caprese salat/ Caprese salad**

tomat, mozzarella, basilikum, olivenolje, balsamico

/ tomato, mozzarella, basil, olive oil, balsamic vinegar

VEGAN

- **Falafel**

pitabrød, hummus/ pita bread, hummus

BARN Meny/ Kids Menu

- **Pølse buffet/ Hot dog buffet**

potetpure, agurkmix majones, sprøstekt løk, sennep, ketchup

/ potato puree, pickles mayonnaise, fried onion, mustard, ketchup

OSTFAT/ Cheese platter

Dovre Norsk Brie 2kg

Comte AOP 3.5kg

Arnaud Morbier AOP 3.5kg

Fikenmarmelade/ Figs marmelade

Aprikosmarmelade/ Apricot marmelade

Druer/ Grapes

Ritz kjeks/ Ritz cracker

Salina kjeks/ Salina cracker

Salti kjeks (glutenfri)/ Salti cracker (glutenfree)

BRØDSTATION/ Breadstation

- **Surdeigsbrød/ Sourdough bread**

- **Glutenfri brød/ Gluten free bread**

- **Knekkebrød/ Crisp bread**

- **Hummus**

- **Tapenade**

- **Olivenolje/ Olive oil**

- **Smør/ Butter**

SALAD/ Salad

- **Caesarsalat/ Caesar salad**

Grillet kylling, krutonger, Parmesan, Caesardressing, Romanosalat

/ Grilled chicken, croutons, Parmesan, Caesar dressing, Romano salad

- **Mixsalat/ Mixed salad**

Paprika, agurk, tomat, mais, salat,

Thousand Island dressing, vinigrette

/ Bell pepper, cucumber, tomato, corn, salad,

Thousand Island dressing, vinaigrette

- **Beetroot salat/ Beter salad**

Beter, chevre, rucola, honning

/ Beetroot, chevre, rocket salad, honey

- **Brokkoli salat/ Broccoli salad**

Ovnstekt brokkoli, bacon, rødløk, rosiner, solsikkekjerner, majones, sitron

/ Oven baked broccoli, bacon, red onion, raisin, sunflower seeds, mayonnaise, lemon

- **Aspargesalat/ Green bean salad**

Aspargesbønner, søtmandel, valnøtter, rucola,

sikorisalat, honningsvinigrette

/ Green beans, almonds, walnuts, rocket salad,

chicory salad, honey vinaigrette

BARN Meny/ Kids Menu

- **Carbonara**

plain pasta, tomat saus

/ plain pasta, tomato sauce

DESSERT

- **Bløtkake/ Sponge cake**

- **Princesskake/ Princess cake**

- **Cheesecake**

- **Blåbær smuldrepai, vaniljesaus**

Blueberry crumble pai, vanilla sauce

- **Sjokolademousse/ Chocolate mousse**

- **Sjokoladetrøffel/ Chocolate truffle**

- **Kladdkake/ Swedish sticky chocolate cake**

pisket krem/ whipped cream

- **Smågodt/ Candy**

HILL

BREAKFAST & BUFFET